

Do puppies need hydrotherapy?

In general at an early age not really, most puppies live long and happy lives, unfortunately as with all aging processes, deterioration of the musculoskeletal system brings about changes which will almost always benefit from hydrotherapy. Other puppies may be destined for athletic disciplines or become working dogs where they may be subjected to ground reaction forces that without good ongoing support may bring about earlier MSK changes. Introducing puppies to hydrotherapy will build foundations on which their future health could be enhanced.

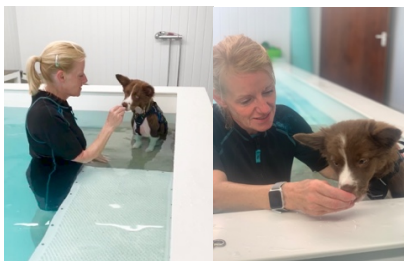
Correct introduction to hydrotherapy will determine how well tolerated future sessions will be.



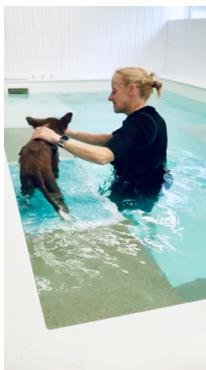
Appropriately sized harnesses.



Choice games.



Treats to encourage forward movement.



Confidence building.



Successful minimal free movement.



Sessions at an early age build confidence in the water and with the therapist, helps to teach boundaries and expectations and enables future sessions for whatever reason to become successful.

Maria Johnston *AdvCertVPhys; FIRVAP*

Tellington Ttouch Practitioner Level 3; APDT; CBWA

Email: maria@activebalance-vetphysio.co.uk